

**Common term:** Mountain region, **Plural:** Mountain regions

**Short definition:** the typology is applied at the level of [NUTS](#) level 3 regions. It identifies mountain regions in the [European Union \(EU\)](#) as NUTS level 3 regions where more than half of the surface is covered by mountain areas, or in which more than half of the population lives in mountain areas.

The mountain typology is a [classification](#) based on the following two categories:

- mountain regions;
- non-mountain regions (those regions that are not defined as mountain regions).

Mountain regions may be divided into three different categories, defined as NUTS level 3 regions:

- where more than 50 % of the surface is covered by topographic mountain areas;
- in which more than 50 % of the regional population lives in topographic mountain areas;
- where more than 50 % of the surface is covered by topographic mountain areas and where more than 50 % of the regional population lives in these mountain areas.

## Further information

- See [Chapter 10](#) of Eurostat's *Territorial typologies manual*
- [Mountain areas in Europe: analysis of mountain areas in EU Member States, acceding and other European countries](#)
- [Geodata for mountain areas](#) ; note, these files can only be read when using geographical information system (GIS) software.